

**CAENHILL COUNTRYSIDE CENTRE COVID-19 ACTION 2021**

<b>What to do If:</b>	<b>Action Needed By you:</b>	<b>Action Needed by the CCC Team</b>	<b>When to Return to the CCC farm</b>
<p>You have COVID-19 (coronavirus) symptoms Or you have been contacted via Test &amp; Trace as a contact</p>	<ul style="list-style-type: none"> <li>• You should not attend CCC farm.</li> <li>• You should book a test.</li> <li>• Your whole household to self-isolate</li> </ul> <p>Let a team member know</p>	<p>If part of a bubble the whole bubble to self-isolate while waiting for test result</p> <ul style="list-style-type: none"> <li>• The work area is to be sanitised.</li> </ul>	<p>If you have a negative result and feel well enough, No symptoms for 48 hours Not requested to self-isolate by test and trace service. The bubble can return then return.</p>
<p>You test positive for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>• You should not attend CCC farm</li> <li>• You must self-isolate for at least 10 days from when symptoms started (or from day of test if no symptoms)</li> </ul> <p>When you have test results, inform the CCC team.</p> <ul style="list-style-type: none"> <li>• Whole household to self-isolate for 10 days- beginning when symptoms started - or frm test day -even if someone tests negative during those 10 days</li> </ul>	<ul style="list-style-type: none"> <li>• If part of a bubble the whole bubble is to self-isolate and follow guidelines.</li> <li>• Follow Government guidelines for cleaning in non-healthcare settings outside the home.</li> <li>• If there are five or more staff/students test positive within 14 days of each other the farm is to close and follow advice from Public Health.</li> </ul>	<p>Once the COVID symptoms are clear, you can return.</p> <p>You can return if you are feeling well after 10 days There are some lasting effects - such as cough or loss of smell/ taste. These symptoms can last for several weeks even if infection is gone.</p>
<p>You have been in contact with someone who has been identified as a 'close contact'</p>	<p>You can attend CCC if symptom free</p> <ul style="list-style-type: none"> <li>• Contact person with symptoms should book a test.</li> </ul> <p>If you experience symptoms then isolate for 10 days.</p> <ul style="list-style-type: none"> <li>• If it is within the household &amp;</li> </ul>	<p>If no symptoms then no action is necessary by the team.</p>	<p>When you have completed 10 days of self-isolation without symptoms. You must self-isolate for 10 days even if they test negative during that time</p>

	<p>symptoms begin, then members self-isolate while waiting for test result.</p> <ul style="list-style-type: none"> <li>• If you do not have any COVID-19 symptoms you should carry on with normal activities.</li> </ul>		
<p>You have been told by a medical / official source and received a shielding notification you should follow their advice</p>	<ul style="list-style-type: none"> <li>• You should not attend CCC.</li> <li>• Contact a member of CCC team to inform them</li> <li>• You should follow the advice given to you in your shielding notification letter.</li> </ul>	<ul style="list-style-type: none"> <li>• Review individual Covid-19 risk assessment.</li> </ul>	<p>When agencies / medical support inform you that restrictions have been lifted - be it National, Regional or Individual Keep to the rules to return to CCC</p>